

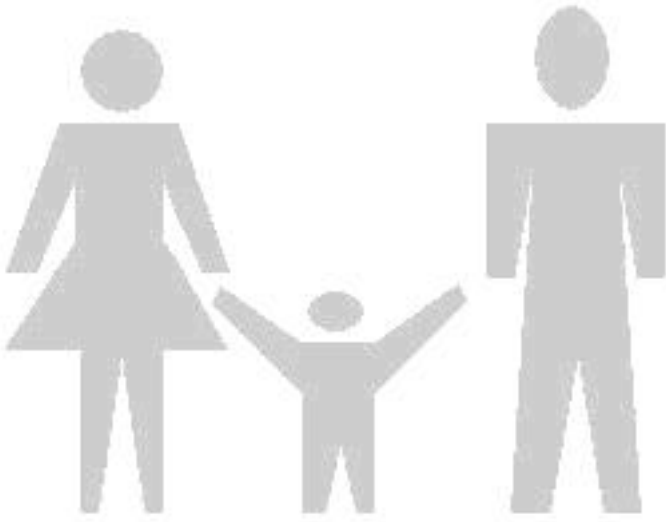
### **Medical Aspects of Family and Couple Therapy**

The Family and Couple Therapy Clinic at Laniado Hospital-Sanz Medical Center acts as an interface between the family/couple and the medical services of the hospital. On the staff in this unit are a physician, nurse, and social worker, all specialists in family/couple therapy.

### **For whom is this clinic designed?**

This clinic serves families and couples who have difficulties following an encounter with various medical situations that influence the communication patterns among family members. The new situation created may seem threatening, and arouses a range of new emotions within family members, such as anger, loneliness, fear, guilt, and mainly the pain involved in losing the treasured former routine.

Family/couple therapy allows everyone to put everything on the table—to speak openly about the new situation and to organize to restore balance to the couple or family.



**Which situations are candidates for Family Therapy?**

<https://www.familytherapy.com/what-is-family-therapy/> (Lindson, 2018) and <https://www.familytherapy.com/what-is-family-therapy/> (Lindson, 2018) are good starting points for more information or appointment: 972-977-9168.